



# Windermere Aquatic Club

PROPOSED Regular season weekly schedule for 2010 (subject to change)  
 Please see the monthly calendars for June, July and August for special events and swim meets

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:30 AM	Closed	Early-Bird Swim				Closed	Closed	
7:00 AM		Early-Bird Swim				Closed		
7:30 AM		Closed	Synchro Senior & Junior B	Synchro Junior A & B	Synchro Senior & Junior A	Waterpolo		Bronze Medallion and Bronze Cross
8:00 AM								
8:30 AM								
9:00 AM			Swimming lessons					Staff Training & Maintenance
9:30 AM			Mon - Thurs , 9am to 11:30am					
10:00 AM			Synchro lessons			Synchro lessons		
10:30 AM			Waterpolo lessons	Junior Lifeguard & Diving Lessons	Waterpolo lessons	Junior Lifeguard & Diving Lessons		
11:00 AM			Swim Team (6 & under from 11:30am to 12:00pm, <b>Mon/Wed ONLY</b> )					Rubber Ducky Swim
11:30 AM	Swim Team (8 & under from 11:30am to 12:15pm)							
12:00 PM	Swim Team (9 & 10 from 11:30am to 12:30pm)							
12:30 PM	Swim Team (11 & over from 12:15pm to 1:15pm)							
1:00 PM	Swim Team (11 & over from 12:15pm to 1:15pm)							
1:15 PM	Diving (1:15 - 2:00) AquaFit (1:15 - 1:45)	Synchro (1:15 - 2:00) AquaFit (1:15 - 1:45)	Diving (1:15 - 2:00) AquaFit (1:15 - 1:45)	Synchro (1:15 - 2:00) AquaFit (1:15 - 1:45)	AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
1:30 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
1:45 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
2:00 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
2:15 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
2:30 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
3:00 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
3:30 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
4:00 PM	Family Basketball (pool remains open)	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>		
4:30 PM	Family Basketball (pool remains open)	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>		
5:00 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
5:30 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
6:00 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
6:15 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
6:30 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
7:00 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
7:15 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
7:30 PM	Free Swim				AquaFit (1:15 - 1:45) Waterpolo (1:15-2:15) <i>Half of the shallow-end is open from 1:45pm</i>			
8:00 PM	TeenBasketball (pool remains open)	Masters' Swimming (two lanes closed)	Free Swim		Masters' Swimming (two lanes closed)	Teen Volleyball (pool remains open)		
8:30 PM	TeenBasketball (pool remains open)	Masters' Swimming (two lanes closed)	Free Swim		Masters' Swimming (two lanes closed)	Teen Volleyball (pool remains open)		
9:00 PM	Closing							